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# Lake Highlander

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SEPTEMBER S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30		9-10am – Brisk Walking DVD 10am – Aqua Aerobics 11:30am - Bowling	2 10am – Aqua Aerobics 6pm – Men's Poker	9-10am – Brisk Walking DVD 10am – Aqua Aerobics 7pm – Card Bingo	9-10am – Brisk Walking DVD 10am – Aqua Aerobics	5
6:30pm – "31" in card room	7 10am – Aqua Aerobics 6pm – Men's Poker	8 9-10am – Brisk Walking DVD 10am – Aqua Aerobics 11:30am - Bowling	9 10am – Aqua Aerobics 6pm – Men's Poker	9-10am – Brisk Walking DVD 10am – Aqua Aerobics 7pm – Card Bingo	9-10am – Brisk Walking DVD 10am – Aqua Aerobics	12
6:30pm – "31" in card room	14 10am – Aqua Aerobics 6pm – Men's Poker	15 9-10am – Brisk Walking DVD 10am – Aqua Aerobics 11:30am - Bowling	16 10am – Aqua Aerobics 6pm – Men's Poker	9-10am – Brisk Walking DVD 10am – Aqua Aerobics 7pm – Card Bingo	18 9-10am – Brisk Walking DVD 10am – Aqua Aerobics	19
20 6:30pm – "31" in card room	21 10am – Aqua Aerobics 6pm – Men's Poker	9-10am – Brisk Walking DVD 10am – Aqua Aerobics 11:30am - Bowling	23 10am – Aqua Aerobics 6pm – Men's Poker	24 9-10am – Brisk Walking DVD 10am – Aqua Aerobics 7pm – Card Bingo	25 9-10am – Brisk Walking DVD 10am – Aqua Aerobics	26
6:30pm – "31" in card room	28 10am – Aqua Aerobics 6pm – Men's Poker	9-10am – Brisk Walking DVD 10am – Aqua Aerobics 11:30am - Bowling	30 10am – Aqua Aerobics 6pm – Men's Poker	31 9-10am – Brisk Walking DVD 10am – Aqua Aerobics 7pm – Card Bingo		